

**ANSHU P. SINHA, M.D., FRCSC**

Glaucoma Plus Eye Care, LLC  
10400 Little Patuxent Parkway  
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Columbia, MD, 21044  
W: (410) 715-2212

**WORK EXPERIENCE:**

- 12/09- Present**            **CEO and provider at Glaucoma Plus Eye Care, LLC Columbia, MD.**
- 01/07 – 06/09            **Associate Ophthalmologist at Glaucoma Center, P.C.;** an Ophthalmology group based in Bowie, MD
- (07/05 – 12/06)            (Maternity leave, move to Maryland)
- 07/04 – 06/05            **Clinical & Surgical Instructor,** General Ophthalmology and Glaucoma at Manhattan Eye, Ear and Throat Hospital, New York. (New York University School of Medicine).
- 09/04 – 06/05            **Attending Ophthalmologist,** Glaucoma clinic; and clinical & surgical instructor at New York Eye and Ear Infirmary, New York Medical College, New York.

**EDUCATION:**

- 07/03 - 06/2004            **Fellowship in Glaucoma,** Mount Sinai School of Medicine, NY, NY.
- Fellowship in Glaucoma,** Manhattan Eye, Ear & Throat Hospital, New York University. NY, NY.
- 07/00 - 06/2003            **Residency in General Ophthalmology,** New York Medical College, Westchester Medical Center, Valhalla, New York.
- 06/99 - 06/2000            **Internship,** Cooper Hospital (University of Medicine & Dentistry of New Jersey), Camden, New Jersey.
- 1995 - 1999                **Medical Degree,** Robert Wood Johnson Medical School (UMDNJ), Camden, New Jersey.
- 1991 - 1995                **Bachelor of Arts (Biological Sciences),** Rutgers University, New Brunswick, New Jersey. Graduated with **High Honors.**

## LICENSURE

Maryland State Medical License.

## AWARDS AND CERTIFICATION:

- 11-06-05&15      OPTHALMOLOGY Board certification (score: 601; 84<sup>th</sup> percentile)
- 06-17-06      Royal College of Physicians and Surgeons of Canada Ophthalmology Board Certification.
- 2004-2005      *Clinical Instructor of the Year*, New York University School of Medicine NY, NY.
- 07/03-06/04      **Chief Resident at New York Medical College.**
- 1994      Rutgers University **Merit Scholarship**
- 1990-1995      Rutgers University Dean's List - eight consecutive semesters  
Graduated with **High Honors**

## RESEARCH EXPERIENCE:

- July '03-June '04      **Evaluating the effectiveness and safety of oral Memantine.** Participant in ongoing multicenter trial. Principal investigator at Mount Sinai School of Medicine is Janet Serle, MD, Associate Professor.
- Jan '03-July '03      **Lamellar Keratoplasty in selected children with central corneal opacity.** Principal Investigator Gerald Zaidman, MD, Director of Cornea service, Westchester Medical Center, Valhalla, NY.
- Jan. '01-April '01      **Mercury Glaucoma Shunt: Ocular Implant and Tissue Integration Layer Screening Study.** Principal Investigator Ted Wandel, MD, Director of Glaucoma service, Westchester Medical Center, Valhalla, NY.
- July '98-August '98      **Comparison of postoperative astigmatism and corneal topography induced in 180um Vs 160um Plates used in LASIK.** Principal investigator Peter Hersh, MD, Director of the Cornea and Laser Vision Institute, Associate Professor of Ophthalmology, UMDNJ, Newark, NJ.
- Jan. '95-May '95      **Difference in Elastin gene in humans and chimpanzees.** Principal Investigator Charles Boyd, Ph.D., Associate Professor of Biochemistry, UMDNJ, Piscataway, NJ

Jan.'91- Sep.'91

**Spinal cord injury patients have increased risk of developing colon and bladder cancers.** Principal Investigator Quantin Federman, MD. Department of Pathology, Mount Sinai Medical Center, NY, NY.

**PUBLICATIONS:**

**Toor A., M. M. Fahim, L.A. Polikoff, R.A. Chanis, A.P. Sinha, J.B. Serle. “The additivity of Pilocarpine to Bimatoprost in early glaucoma and OHT”. Accepted for publication for Journal of Glaucoma.**

**Toor A., M.M. Fahim, L.A. Polikoff, R.A. Chanis, A.P. Sinha, J.B. Serle. “The additivity of Pilocarpine to Bimatoprost in early glaucoma and OHT”. Abstract, ARVO 2004.**

**Russell C.D., R.N. Peterson, S.P. Rao, M.R. Ricci, A.Prasad, Y. Zhang, R.E. Brolin S.K.Fried : “ Leptin expression in adipose tissue from obese humans: Depot-specific regulation by insulin and dexamethasone ” American Journal of Physiology. 1998 Sep; 275 (3Pt 1):E507-15.**

**COMMUNITY SERVICE:**

Presentation on diabetic retinopathy “Eye on Diabetes” for the Diabetes Support Group at Howard County General Hospital.

Presenter at Howard County General Hospital Emergency Department at morning rounds.

Presentation on “ Eye Diseases Related to Aging” at Vantage House, Columbia, MD

Annual health Fairs at multiple Hindu temples.

Howard Community college Health fair: vision and Glaucoma screening

92<sup>nd</sup> Street YMHA Glaucoma screening (2004)

Presentation on “Current status of glaucoma medications” for The Glaucoma Support and Education Group at NYEEI (2003)

Glaucoma and vision screening at spring health festivals at Metropolitan Hospital and Westchester Medical Center (2001- 02).

Emergent eye care of patients injured at World Trade Center on 09/11/01 at Metropolitan Hospital, NY, NY (2001).

StOP (Student Outreach Program); Ambulatory-Care clinic for low income and indigent population, Camden County (1997 - 98)

Blood Pressure Screening Program. Camden County (1997).

Co-organizer, Soup Kitchen Program. Camden County (1997).

**PERSONAL INTERESTS:**

Married to Sunil K. Sinha, MD, Assistant Professor, Arrhythmia Service, Division of Cardiology, Johns Hopkins School of Medicine. Together we care for Hersh J. Sinha, Ashvin M. Sinha and Rohan N. Sinha.

My hobbies include organizing local events, photography, Indian classical dance, music, biking and tennis.